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# The Ultimate Guide To Tarot: A Beginner's Guide To The Cards, Spreads, And Revealing The Mystery Of The Tarot



## Synopsis

Discover the facts, myth, history, and mystery of the spiritual art of Tarot-reading. Whether you want to learn to read the cards or deepen your Tarot interpretation skills, *The Ultimate Guide to Tarot* honors the deep heritage of Tarot, while guiding you through practical techniques. Tarot expert Liz Dean offers an overview to all of the important elements of each card from symbols, to links with astrology, kabbala and numerology. *The Ultimate Guide to Tarot* also includes all the classic tarot spreads - Celtic Cross, Horseshoe, Star and Astrological Year Ahead - plus, a mini-layout to try for each of the 22 major cards. Learn how to combine the three essential ingredients of a great tarot reading: knowing the meaning of the cards, how to lay them out, and trusting the intuitive messages the images often spark within us during a reading. This synthesis is the true magic of tarot. With the authority and confidence this book offers, *The Ultimate Guide to Tarot* will be the must-have companion for beginner readers and tarot aficionados alike.

## Book Information

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## Customer Reviews

"Liz Dean is one of the world's leading tarot experts. Wherever you are on your tarot journey, her clear and knowledgeable writing will take you on in leaps and bounds." - Sue Ricketts, Editor, *Take A Break's Fate & Fortune* magazine  
"The *Ultimate Guide to the Tarot* is the book for all aspiring tarot practitioners - Liz's intuitive approach will get beginners reading cards instantly, while her historical knowledge offers those who are familiar with the tarot original insights and new approaches." - Claire Gillman, Editor, *Kindred Spirit* magazine  
"An inspirational and empowering approach to the tarot written by one of the best psychic tarot readers/authors around today." - Sarah Bartlett, author

of The Tarot Bible, The Afterlife Bible, The Mythology Bible and Working With the Tarot."Liz is the most inspiring tarot teacher and reader I've ever met." - Jayne Wallace, Founder, Psychic Sisters at Selfridges, London"Liz Dean is a prominent driving force in the tarot world and works tirelessly to promote and teach tarot through her cards and books and at International Conferences and workshops worldwide. Her knowledge on the subject is unquestionable, she is a true modern-day tarot expert. Her contribution to the tarot world has been invaluable and this book will be an asset on any tarot-lover's bookshelf." - Kim Arnold, UK Tarot Conference"Liz's focus on an intuitive approach to tarot means we can naturally connect with the right hemisphere of our brain through the images on the cards. When the right hemisphere is engaged it can override the doubting logic of the left, allowing us to connect to our powerful inner knowing - a place from which we can transform our perspective and grow in confidence. If ever my students wobble, Liz's tarot decks act like stabilizers, helping them find their own balance through self-belief." - Becky Walsh, author of You Do Know - Learning to Act on Intuition Instantly and TV presenter, Becky's Life Hacks."Liz Dean's approach to the tarot is exceptional; she has a unique way of making what she sees in the cards come alive. A fascinating read." - Billy Roberts, international medium and author of Psychology of a Medium, So You Want to be Psychic?, The Holistic Way and The Angels' Book of Promises

Liz Dean (London, England) is a professional tarot reader and Angelic Reiki (tm)Healer at Psychic Sisters in Selfridges, London. A bestselling tarot author Liz had studied divination for over 20 years. Liz is the author of The Golden Tarot (over 300,000 sold worldwide) - The Ultimate Guide to Tarot, The Ultimate Guide to Tarot Spreads, The Victorian Steampunk Tarot; Fairy Tale Fortune Cards, and 44 Ways to Talk to Your Angels. Liz is also one of the 'Tarot Masters'; included in Kim Arnold's eponymous collection of 38 essays. She is also a former Co-Editor of the UK's leading spiritual magazine, Kindred Spirit (2011-2013), and an award-winning poet.

My first books on the Tarot (over 40 years ago) were those by Eden Grey. These were followed by Eileen Connolly's three "Handbooks" (to this day, probably my favorite of the dozens that I have read). Hajo Banzhaf's "Tarot and the Journey of the Hero" is quite possibly the most enlightening book on the Major Arcana that I have ever read. Why do I mention all of these other books? Because as much as I love every one of them for how they have helped me understand the Tarot, if I was to recommend a single book to a beginner who wanted to start on a meaningful journey into the Tarot, it would be this one. There's no way around it - if you want to achieve meaningful results

with the Tarot, you have to commit to learning the 78 meanings (156 if you use reversed meanings), and this takes time. But with the excellent descriptions of the cards themselves, and especially valuable discussions of the symbols contained on the cards, I believe the time can be condensed, and a deeper understanding of the cards obtained using this book than any other single book that I have read. Even for someone who first learned the cards 40 years ago (and whose memory is not quite what it once was), this book provided an excellent "refresher" - and provided some new insights that I had not read before. Note: This book is very closely tied to the Rider/Waite/Coleman Tarot deck (and is illustrated with the Universal Waite deck). Although there are many different Tarot decks available (I have about a dozen), I HIGHLY recommend using one of the Waite decks for study with this book.

This is a truly wonderful book if you are interested in learning the meanings and symbolism of the Rider-Waite-Smith Tarot (or one of the decks based on the RWS system...for Crowley or Marseilles, look elsewhere). It is very easy to read, provides heaps of info on every esoteric aspect of the cards - astrological associations and Kabbalistic Tree of Life, for example. A quick history of Tarot and the basics of reading the cards are also covered. The book itself is gorgeous publication with full-colour illustration throughout, glossy pages and a sturdy cover. The author uses the Universal Waite Tarot, which does not come with the book, but I bought it purposely at the same time and was surprised to discover that it's quickly become one of my favourite decks. Thank you, Liz Dean! An aside: as great as I think this book is, it is really and truly a guide to the meanings of the cards, not an exhaustive tool that will teach you how to read Tarot like a pro. If you would like a more comprehensive study of the cards, I recommend Rachel Pollack's 78 Degrees of Wisdom (a very thought-provoking book) or Tarot 101 by Kim Huggens (just like taking a class). I'm glad I bought this book and thoroughly recommend it to anyone who wants to understand the RWS Tarot symbolism.

If you were confused by all the "beginning" tarot books, set them aside and buy "The Ultimate Guide To Tarot" by Liz Dean. It is by far the best book on tarot I've read so far. So many other books ramble on with incredibly esoteric concepts which unless you've studied them your whole life, would be difficult to understand. This is literally a card by card, step by step, introduction and guideline to reading and comprehending tarot cards. For most readers you would have to go no further than this book. Each card is featured with a large, clear photo, and all of its attributes plainly written in a logical and sensible format. If you had to buy one and only one book on reading tarot, this has to be it.

This has helped me understand how to interpret the Tarot as a beginner. It is fabulous! It touches on Numerology, Astrology, and Mythology, has lots of info on interpreting symbolism in the Rider-Waite deck and it's just an overall great resource. If you only buy one book when you're starting out this should be the one. I purchased around 5 books and this is by far the one I reach for the most.

This book is amazing!! My shelf is filled with at least a dozen tarot books and this is the best primer hands down. The color illustrations of the cards are stunning and rarely have I seen the cards' meanings explained this well--easy-to-understand but still peppered with lots of interesting insights. A beginner won't be intimidated but the more advanced practitioner will still learn things. This is a simply gorgeous book that you'll love to look at AND use!

This book is very thorough. I appreciate the in-depth explanations on the major and minor arcana. I also appreciate the connections to the kabbala and to certain words in Hebrew. It's good for the beginner/intermediate student.

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